



TRAVEL ESSENTIALS

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TRAVEL PACKING GEAR:

- MAIN BACKPACK (30-40L)
- DAY BAG (10-15L)
- PACKING CUBES
- MONEY BELT
- DRYBAG (5L)

TRAVEL TOILETRIES:

- QUICK-DRY TRAVEL TOWEL
- TOOTHBRUSH/TOOTHPASTE
- SHAMPOO BAR
- SUNSCREEN
- LIPBALM/HANDCREAM
- PARACETEMOL/IBUPROFEN
- MOONCUP
- HAND SANITISER
- PRESCRIPTION MEDICATION

TRAVEL TOILETRIES:

- RAINCOAT X1
- JUMPER X1
- PUFF JACKET X1
- TOPS X7
- TROUSERS X1
- LEGGINGS X1
- SHORTS X1
- DRESS X1
- UNDIES X8
- SOCKS X5
- SWIMWEAR X1
- SLEEPWEAR X1
- TRAINERS X1
- SANDALS X1

TRAVEL DOCUMENTS:

- PASSPORT/VISA(S)
- TRANSPORT TICKETS
- DEBIT/CREDIT CARDS
- TRAVEL INSURANCE INFORMATION
- EMERGENCY CONTACTS
- PERSONAL ID/STUDENT ID
- NOTEBOOK AND PENCIL

TRAVEL MUST-HAVES

- WATERBOTTLE
- WAX WRAPS
- PENKNIFE
- CANVAS BAG
- HEAD TORCH
- PHONE
- CAMERA
- CHARGERS
- TRAVEL ADAPTOR
- POWERBANK
- HEADPHONES
- E-READER